

# **Occupational Health & Safety Induction Course – 1 Day**

## **Course Description:**

### **Occupational Health & Safety Induction Course – 1 Day**

This is a one-day instructor-led course, covers the basic fundamentals of Health & Safety in the workplace. The purpose of this learning intervention aims to equip the learner with the relevant, basic information regarding hazards in your workplace

### **Course Content:**

THE REASONS WHY INCIDENTS OCCUR

LEGAL REQUIREMENTS

ORGANISATION'S POLICY, RULES & PROCEDURES

OCCUPATIONAL HEALTH

OCCUPATIONAL HYGIENE

EMERGENCY PLANNING

OCCUPATIONAL SAFETY

FIRST AID AND MEDICAL FACILITIES

REPORTING SYSTEMS

PERSONAL HYGIENE