

First Aid - Level 1 - 3 (5 Days)

Course Description:

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This is a two-day instructor-led course, covers the more advanced fundamentals of First Aid. The purpose of this learning intervention aims to equip the learner with the relevant, advanced information and skills to render immediate First Aid to an ill or injured person. The learner will be able to assess the emergency situation, identify the physical condition of casualties and render First Aid treatment for casualties.

Course Content:

- General Principles of First Aid
- Emergency Scene Management
- Patient Assessment
- Cardio Pulmonary Resuscitation (CPR)
- Choking
- Shock
- Dressings and Bandages
- Injury Emergencies
- Burns
- Head and Spinal Injuries
- Eyes, Ears and Hand Injuries
- Pelvic and Abdominal Injuries
- Medical Emergencies
- Unconsciousness and Fainting
- Convulsions and Epilepsy
- Diabetes
- Poisoning
- Bites and Stings
- Environmental Emergencies
- Transporting a Patient
- Basic Anatomy and Physiology
- Water Emergencies
- Emergency Childbirth
- HIV/Aids & the Basic Content of a First Aid Kit